



SECONDARY SCHOOL



For information about admission to our Secondary School, kindly call on +356 7960 2024 or email us at info@mcs.edu.mt.

Our team will set a meeting to discuss the Secondary School programme with you.



INTRODUCTION

The Mediterranean College of Sport (MCS) Secondary School offers a learner-centred educational programme designed around a dual pathway. This approach allows student-athletes to develop academically while using sport as a powerful tool to build core learning skills, critical thinking, and creativity.

At MCS, we aim to create a strong and supportive community built on shared values. These values guide how our student-athletes, teachers and coaches learn, train, and grow together—both in the classroom and on the field of play. They shape our daily actions, support personal development, and help every individual reach their potential.

Our core values are ambition and passion, resilience and tenacity, teamwork and creativity, and respect and humility. These values form the foundation of the MCS experience and act as a clear guide for every student-athlete's journey, in sport, in education, and in life.



ACADEMIC PROGRAMME

Our Academic Programme is designed to be....

- Well-balanced and broad-based, ensuring continuous progression throughout, providing outstanding opportunities for students' academic, intellectual, social, moral, and creative development, to assist them to become lifelong learners.
- Holistic, thus helping our student-athletes to strike a balance between academic and sporting development. Our Performance Lifestyle programme will be the foundation of our student-athletes' well-being. It will introduce them to a set of habits and attitudes that form the pattern of how they go about their daily lives and challenges.
- Deep, as this will enable our student-athletes to develop to their full potential, applying rigour and resilience.
- Personalised, thus responding to the needs of every student-athlete, as this will support them to enhance their individual talents.

Our academic programme gives our student-athletes a **TIME TO SHINE** throughout their whole educational experience at the College.

SCHOLASTIC YEAR

The Scholastic year runs on a 5-Day week, 3-term schedule, starting in September and ending in June. There will be a Christmas & Easter recess, and mid-term holidays.

UNIFORM

At MCS, we have a uniform policy that requires all student-athletes to wear the MCS sports uniform, both during academic classes and sports training. The uniform fosters a sense of unity and belonging within our community.



SPORT PROGRAMME

Our Sport Programme is designed to be....

- A dynamic and comprehensive programme designed specifically for student-athletes at Secondary level.
- Long-term athlete development, tailored to each athlete's age and individual needs, recognising the importance of matching athletes based on their biological development rather than chronological age.
- A high challenge with high support, pushing our athletes out of their comfort zones, allowing them to grow, learn from setbacks, and develop their skills and character.

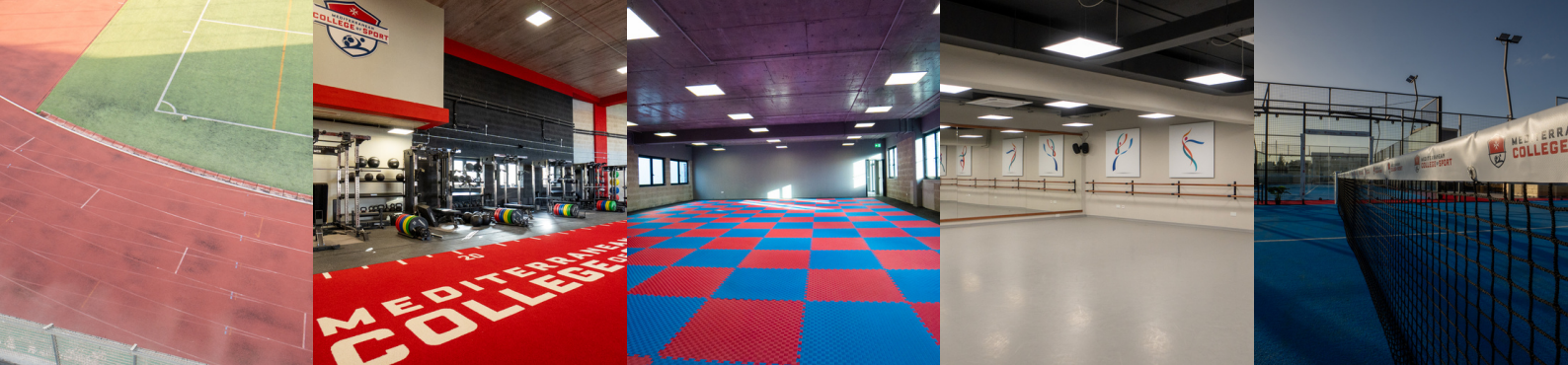
Our student-athletes are given a **TIME TO SHINE** with unparalleled exposure to the world of sport and opportunities to learn from the best in the industry while gaining invaluable real-world experience.

SPORT DISCIPLINES

Our sport programme includes the following disciplines: Artistic Gymnastics, Artistic Swimming, Athletics, Basketball, Dance, Football, Karate, Padel, Sailing, Swimming, Tennis, Waterpolo.

ENRICHMENT ACTIVITIES

At MCS, we believe in an all-round educational experience that broadens our student-athletes' horizons. Educational outings, training camps, and sports participation - both locally and abroad - play a vital role in holistic development, connecting classroom learning with real-world application. These experiences promote teamwork, discipline, leadership, physical well-being, and global awareness, while building confidence in diverse environments.



ACADEMIC & SPORT FACILITIES

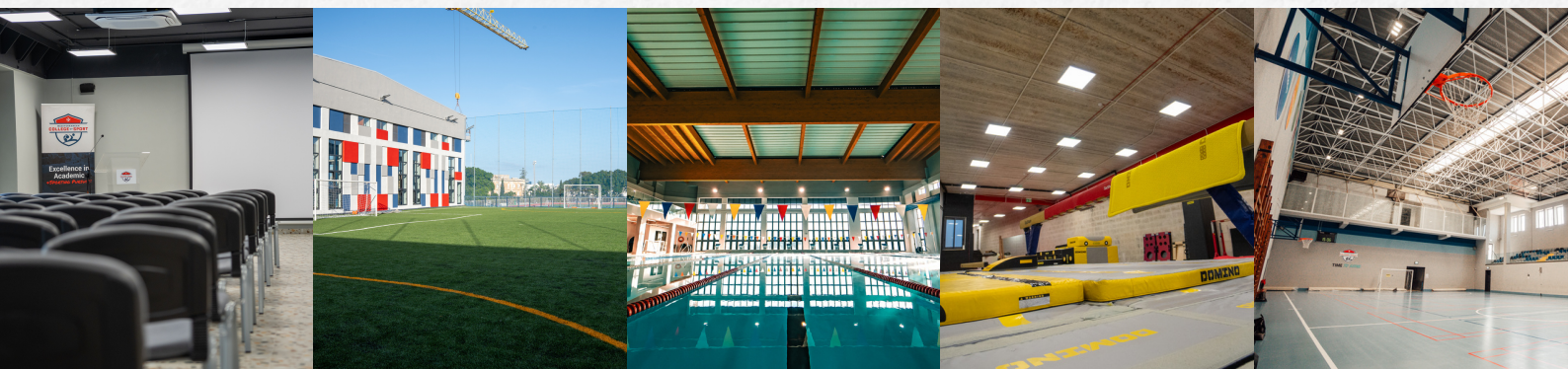
The Mediterranean College of Sport Secondary offers a modern campus designed to support both academic learning and sports development. Students have access to spacious classrooms, fully equipped science laboratories with internet and projection facilities, a library, and a school lobby comprising of a reception & dining area.

As a specialist sports college, our facilities are built to support performance, development, and wellbeing. Student-athletes train on international-standard athletics track suitable for sprinting, endurance training, and field events. Footballers benefit from two high-quality pitches: a full-size pitch for matches and training, and a seven-a-side pitch for small-sided games and development sessions.

Swimming facilities include a 25-metre, eight-lane pool with a retractable roof, meeting competitive standards while remaining suitable for daily training and recovery. Indoor sports are supported by a multi-sport pavilion, along with two fully equipped dance studios for movement-based disciplines.

The campus also features a dedicated gymnastics hall designed for safe and progressive training, a fully equipped fitness centre focused on strength and conditioning, and two padel courts within the sports complex.

A key feature of MCS is the Performance Science Centre - one of the largest in the Mediterranean - providing athletes with access to sport science, monitoring, and performance support in one integrated environment.



The Journey continues

The Mediterranean College of Sport students finishing their Year 11 and other students from other educational institutions may continue their educational journey by joining the **Mediterranean College of Sport Sixth Form**.

The Mediterranean College of Sport Sixth Form offers a choice of two curricular programmes:

- The Matriculation Certificate course for entry into the University of Malta during which our students' study two subjects at Advanced Level, three subjects at Intermediate Level and Systems of Knowledge.
- For entry into International Universities or other local institutions, three subjects at Advanced Level.

At the Mediterranean College of Sport Sixth Form, students who are eligible, can apply for their **maintenance grant & stipends**. Above all they experience an all round education through their participation in **enrichment activities** and sport exchange programmes abroad.



Students residing in Malta may apply for the **Achieve 360 Scholarship Scheme-Excellence in Sport and Education** if they satisfy the Eligibility and Selection Criteria of the Scheme. More details can be obtained on freephone: 153, Website: <http://myscholarship.gov.mt> or email at achieve360.meyr@gov.mt.

