



**SPORTS COMPLEX, ST ALOYSIUS COLLEGE**

14, Triq ix-Xorrox, Birkirkara BKR 1631- Malta. Tel: 22107700 • Mob: 79602024  
info@mcs.edu.mt • www.mcs.edu.mt

## **ATHLETICS TRACK – MEMBERSHIP FEES**

*OPENING HOURS: Mon-Sun 05:30AM - 7:30AM • Mon-Fri 15:00 - 22:30  
Sat 07:30 - 20:30 • Sun & Public Holidays 07:30 - 13:00*

<b>Categories:</b>	<b>12 months</b>	<b>6 months</b>	<b>3 months</b>
ADULTS (20 + years)	Eur 120.00	Eur 75.00	Eur 60.00
JUNIORS (Under 20 years)	Eur 90.00	Eur 65.00	Eur 50.00
COUPLE	Eur 190.00	Eur 125.00	Eur 90.00
SAC & MCS Students/Staff/Parents *	Eur 65.00	Eur 45.00	Eur 30.00
60+ years & CRPD Card Holders	Eur 65.00	Eur 45.00	Eur 30.00
Coaches (upon presentation of certification)	Eur 65.00	Eur 45.00	Eur 30.00
One Session (up to 1hr 30min)	Eur 5.00	(per person)	

*\* During School hours and till 4:30 p.m. SAC & MCS Students free of charge.*

**Subscribers are entitled to use the Athletics Track for warming-up, jogging, Athletics Training and the facilities in the Changing Rooms.**

**The Management may refuse any application or withdraw any one already issued without giving any reason whatsoever for its action.** Subscribers shall pay the applicable membership fee on subscription. **No fee or any part of it will be refunded in any circumstance.** The Management reserves the right to alter the fees. Subscriptions are non-transferable.

**It is in the interest and the responsibility of each prospective member to undergo a medical examination prior to commencement of any exercise at the Sports Complex. Subscribers accept to exercise at their own risk with their medical practitioner's prior consent.**

With the payment of fees entitling them to make use of the facilities, subscribers accept to bind themselves and abide by the **Rules and the By-Laws** of the Sports Complex and by all alterations and additions duly made. **No subscriber is absolved from the effect of these regulations on disclaiming any knowledge of them for any reason.** Consequently, whilst making use of the facilities and/or services available, subscribers should confirm to the **Standards of Conduct** as directed by the Management.



# STANDARDS OF CONDUCT

**On being accepted to make use of the facilities, members assume new responsibilities.**

**Among these are the following:**

- Proper behaviour is expected from every member on or around the premises of the Sports Complex. Respect should be shown to members of other social, religious, or political leanings.
- The property of others is to be respected. This includes care for the environment, furniture and equipment. All damage done should be reported immediately. Members are also requested to inform the Management if any article or fixture is found broken, damaged or missing. Property damaged will be replaced or repaired and the expenses charged to the guilty party or parties. The Management, whose decision is final, may also impose a fine according to the circumstances. Malicious damage will be subject to disciplinary action.
- Cleanliness is to be respected. Care must be taken to avoid leaving personal belongings or litter lying about the premises of the Sports Complex or grounds.
- Vigilance is kept against any damage to property. Nevertheless, the Management does not accept any liability for the loss of or damage to the property and/or personal belongings on the part of the members or for any damage caused by the members to one another within the confines of the Sports Complex premises or grounds. It is not advisable to leave valuable articles in the locker/changing rooms. A safe deposit is available in the instructor's room.
- The proper sports wear (kit and shoes) are to be worn while making use of the facilities. The Management may object to any kit, which is considered inappropriate. Spike shoes with spikes longer than 6mm are not allowed on the track. Spikes for field events should not exceed 9mm. Football boots with metal studs are not allowed. Football boots (with studs) are not allowed on the Athletics Track.
- No food or drink (except water and energy-drinks in unbreakable bottles), are allowed in specified areas of the Sports Complex. Particularly in the Aerobics studio, Pavilion, Football Pitches and the Athletics Track.
- Glass bottles are strictly prohibited on the track and/or football pitches. Chewing of gum is also prohibited in the premises or grounds.
- Athletes are expected to observe the 'lane code' of the Track: Lane 6 – for warming up or jogging; Lanes 5 & 4 – for sprinting; Lanes 3 & 2 – for repetition running (longer runs); Lane 1 – for specific users as approved by the Management.
- Smoking is not permitted in the sports complex. It is strictly prohibited to smoke on the Athletics Track or Football Pitch. Smoking is only permitted in the designated areas.
- Children are allowed into the common areas of the Sports Complex only if accompanied by members/patrons and are to be regarded as their dependants. Children are not allowed to run about in the premises or grounds of the Sports Complex.
- Rude, vulgar and obscene language or behaviour is strictly forbidden at all times on or around the premises of the Sports Complex.
- Parking in front of the entrance gates, in the reserved bay; or parking overnight in the Car Park is not permitted. The Management does not accept any liability for the loss of or damage to any car or property left in the Car Park.

**No subscriber is absolved from the effect of these regulations on disclaiming any knowledge of them for any reason.**

***The Management***



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## ATHLETICS TRACK • Membership Application Form

PLEASE FILL IN THIS FORM IN BLOCK LETTERS  
AND SUBMIT IT TOGETHER WITH 1 PASSPORT SIZE PHOTO

### SECTION A: PERSONAL DETAILS OF APPLICANT

SURNAME:	NAME:
OCCUPATION:	I.D. CARD NO:
ADDRESS:	GENDER:
	Email Address:
Post Code:	DATE OF BIRTH:
MOB NO:	Partner's I.D. CARD NO: (Couple Membership only) *

### SECTION B: Type of Membership Required

*Please indicate your option with an X*

Categories:	12 months	6 months	3 months
ADULT (20 + years)	[ ]	[ ]	[ ]
JUNIOR (Under 20 years)	[ ]	[ ]	[ ]
COUPLE	[ ]	[ ]	[ ]
SAC & MCS Student/Staff/Parent (after 4:30pm)	[ ]	[ ]	[ ]
60+ years & CRPD Card Holders	[ ]	[ ]	[ ]
Coach (upon presentation of certification)	[ ]	[ ]	[ ]

SIGNATURE:	DATE:
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*I declare that the above details are correct and in the event of my being accepted, I undertake to abide by the rules and regulations set by the Management. I will not hold the Management responsible for the loss of, or damage to my property/ personal belongings within the confines of the Sports Complex premises or grounds. I accept to exercise and use the facilities at my own risk with the prior consent of my doctor.*

**FOR OFFICE USE ONLY - REMARKS:**

Expiry Date: \_\_\_\_\_

Application Approved: [ ] Membership No: \_\_\_\_\_ Payment Method: \_\_\_\_\_